

Vita  
Kristen L. Campbell, Ph.D.  
(Kristen L. Shepherd, Ph.D. before 08/2003)

Education

- 12/97      Ph.D. in Clinical Psychology  
Kent State University, Kent, OH  
Dissertation Advisor: Yossef S. Ben-Porath, Ph.D.  
Dissertation Title: Prediction of treatment outcome using the MMPI-2  
Internship: Medical University of South Carolina: 1994-1995  
Candidacy Exams: Passed January 1992; Psychopathology Specialty
- 5/91      M.A. in Clinical Psychology  
Kent State University, Kent, OH  
Thesis: Effect of perceived diet violation on cognitions and food intake  
Advisor: Janis H. Crowther, Ph.D.
- 5/83      B.A. in Psychology with honors; Butler University, Indianapolis, IN

Teaching Experience Since Doctoral Degree

- 1/15 -      Faculty – Instructor as of 8/2020; Prior to that title of Lecturer  
Present      Department of Psychology, Mississippi State University, Mississippi State, MS  
Have taught Introductory Psychological Statistics (F2F and online), Drug Use and Abuse (F2F and online), Culture and Psychology (F2F), Introduction to Clinical Psychology (F2F), Psychology of Abnormal Behavior (online), Psychology of Interpersonal Relations (F2F), Directed Individual Study for Teaching in Psychological Statistics (F2F; supervision of undergraduate TAs)
- Submitted and obtained approval by UCCC for new course PSY 4233/6233 Culture and Psychology
- Submitted and obtained UCCC approval for restructuring lab portion of PSY 3104 for campus 1. Lab now one-hour F2F and one hour asynchronous online.
- 1/13 –      Lecturer  
5/14      Department of Psychology, The Ohio State University, Columbus, OH  
Taught Honors General Psychology, Abnormal Psychology, Drugs and Behavior, Counseling Psychology, Cross-Cultural Psychology
- 1/14 –      Adjunct Faculty  
5/14      Department of Psychology, Capital University, Bexley, OH  
Taught Social Sciences Statistics

- 1/13 – Online Lecturer  
5/13 Department of Psychology, Mississippi State University, Mississippi State, MS  
Taught Behavior Modification – online course
- 8/12 - Adjunct Faculty  
12/13 Columbus State Community College, Columbus, OH and Delaware Campus, Delaware, OH  
Taught Introduction to Psychology, Psychology of Personality
- 1/08 - Faculty – Instructor as of 8/2010; Prior to that title of Lecturer  
7/12 Department of Psychology, Mississippi State University, Mississippi State, MS  
Taught General Psychology (regular and honors sections), Introduction to Clinical Psychology, Drug Use and Abuse, Theories of Personality, Psychology of Abnormal Behavior, and Introductory Psychological Statistics
- 1/01 - Adjunct Instructor  
5/07 Masters in Clinical Counseling Psychology Program, The Citadel, Charleston, SC  
Substance Abuse Counseling: Spring 2007, Spring 2006, Spring 2005, Spring 2004  
Group Counseling: Summer 2006, Fall 2005; Ethics and Mental Health Law: Spring 2006  
Practicum: Spring 2002, Spring 2001

#### Other Professional Experience

- 11/08- Licensed Psychologist, Private Practice  
01/11 Columbus, MS
- 10/05- Licensed Psychologist, Private Practice  
6/07 Mt. Pleasant, SC
- 11/98 - Licensed Clinical Psychologist, Intensive Services  
11/05 Dorchester Alcohol and Drug Commission, Summerville, SC
- 7/97 - Coordinator of Dual Diagnosis Services, supervised by licensed psychologist  
11/98 Dorchester Alcohol and Drug Commission, Summerville, SC
- 10/95 - Psychometrist, supervised by licensed psychologist, part-time  
6/97 Dorchester Alcohol and Drug Commission, Summerville, SC
- 9/95 - Pain Management Master’s Level Therapist, supervised by licensed psychologist  
8/96 Pain Rehabilitation Program, Medical University of South Carolina, Charleston, SC
- 3/92 - Consultant/Project director, Data management and analyses  
8/94 Various Applied Personality Assessment Projects  
Kent State University, Kent, OH
- 12/90 - Project Assistant for grant funded by the Ohio Developmental Disabilities Planning Council  
12/92 Kent Developmental Metrics, Kent, OH

- 7/90-6/91      Psychology Trainee, supervised by licensed psychologist  
Kevin Coleman Community Mental Health Center, Kent, OH
- 7/89 to      Course Instructor  
12/90      Kent State University, Kent, OH  
Introduction to Clinical Psychology (1 semester, Senior level course)  
Quantitative Methods in Psychology I (3 semesters, Sophomore level course)
- 6/90-8/90,      Research Assistant  
8/87-5/89      Department of Psychology  
Kent State University, Kent, OH
- .6/88-6/90      Psychology Trainee  
Psychological Clinic  
Kent State University, Kent, OH
- 11/86 to      Research Interviewer  
5/87      Federation for Community Planning, Cleveland, OH  
Interviewed patients, family members, and community mental health workers involved with  
an Ohio long term state psychiatric facility.
- 10/83      Psychiatric Technician  
- 8/86      Adolescent Unit, CPC Valle Vista Hospital, Greenwood, IN
- 5/81-8/81      Intern - Volunteer  
CareUnit, St. Francis - St. George Hospital, Cincinnati, OH  
Responsibilities included completing social histories and developing treatment plans for  
persons with alcohol dependence.

### Affiliations

Member of American Psychological Association, Division 2: Teaching of Psychology, Division 12: Clinical Psychology and Division 50: Addictions

### Recent Professional Development

MSU's Teaching Portfolio Workshop (May 2023)  
Diversity reading group, Department of Psychology, Mississippi State University, Mississippi State, MS –  
active member since beginning in January 2021  
MSU Center for Distance Education's Online Course and Tools Showcase (spring 2023)  
MSU's Center for Teaching and Learning's Practical Teaching Community of Practice (fall 2022)  
MSU's Safe Zone Ally, updated (fall 2022)  
Psychedelics in Therapy: MDMA, Psilocybin, Ketamine, Micro-dosing & More. (summer 2022)  
Acceptance & Therapy Made Simple: ACT for PTSD, Anxiety, Depression, & Personality Disorders  
(January 2022)  
Trauma Conference: The Body Keeps the Score-Trauma Healing (December 2021)

The Clinician's Suicide Prevention Summit: Treatment Strategies to Inspire Hope and Save Lives.  
(September 2021)  
Psychopharmacology for Mental Health Professionals (September 2021)  
Transgender & Gender Non-Binary (TGNB) Clients: Clinical Issues and Treatment Strategies (September 2021)  
Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies (summer 2021)  
Hybrid Course Delivery Workshop (June 2020)  
Green Zone (spring 2017)  
Safe Zone Ally (spring 2016)

Publications (Previously was Kristen L. Shepherd)

Rhodes, S. K., **Shepherd, K. L.**, O'Neil, P. M., & Resnick, H. F. (1995). Fat distribution and sexual trauma in obese women. Obesity Research, 3 (Supp 3), 399S (Abstract).

Crowther, J. H., Lilly, R. S., Crawford, P. & **Shepherd, K. L.** (1992). The stability of the Eating Disorder Inventory. International Journal of Eating Disorders, 12, 97-101.

Rosch, D. S. & **Shepherd, K. L.** (1992). Overview. In J. H. Crowther, D. L. Tennenbaum, S. E. Hobfoll, & M. A. P. Stephens (Eds.), The etiology of bulimia nervosa: The individual and familial context. Washington, DC: Hemisphere Publishing Company.

Presentations

Horton, H. L., Crowther, J. H., & **Shepherd, K. L.** (1995, November). Reactivity of self-monitoring cognitions and food intake. Presented at the 29th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.

Crowther, J. H., Horton, H., Crawford, P. A., & **Shepherd, K. L.** (1993, August). Prospective study of the onset of binge eating. Paper presented at the annual meeting of the American Psychological Association, Toronto, Ontario.

Crowther, J. H., Zotter, D. L., & **Shepherd, K. L.** (1991, November). Daily hassles and binge eating in obese and normal-weight populations. Paper presented at the annual convention of the Association for the Advancement of Behavior Therapy, New York, NY.

**Shepherd, K. L.**, Crowther, J. H., & Dakoski, V. (1991, August). Cognitions and eating behavior of restrained and unrestrained eaters. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Crowther, J. H., Lilly, R. S., Crawford, P., **Shepherd, K. L.**, & Oliver, L. L. (1990). The stability of the Eating Disorder Inventory. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

**Shepherd, K. L.,** Crowther, J. H., & Sanders, K. (1990, August). Effects of restraint and disinhibition on daily caloric intake. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

Steffen, V. J., & **Shepherd, K.** (1990, April). Message frame and practice in promoting BSE. Paper presented at the annual meeting of the Rocky Mountain Psychological Association, Tucson, AZ.

Crowther, J. H., Zotter, D. L., & **Shepherd, K. L.** (1989, November). Effect of daily hassles on eating in binge and non-binge eaters. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Steffen, V. J., & **Shepherd, K.** (1989, August). Message frame and practice in promoting TSE beliefs and behavior. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Steffen, V. J., & **Shepherd, K.** (1989, May). Message frame and practice in promoting cancer self exams. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.